

PREPARE ENRICH®

Making Love Last

A PREPARE/ENRICH® workshop in San Francisco, CA
for Engaged, Committed, Married, or Seriously Dating couples

Give the gift of enriching your relationship with each other. Spend one Saturday in our workshop with your beloved, deepen understanding of each other and your relationship, and learn specific tools to improve the quality of your interactions. This workshop is limited to eight couples, so that facilitators are able to provide individualized attention and support throughout the day. The workshop is interactive and we teach concepts to the group. Breakouts occur regularly for couples to practice skills privately with each other. This format is not group therapy.

- ♥ Receive a PREPARE/ENRICH® summary of your relationship's strengths and growth areas *
- ♥ Learn and Practice PREPARE/ENRICH® exercises to improve relationship skills
- ♥ Increase your ability to manage conflict while deepening your understanding of each other
 - ♥ Gain hours for pre-marital preparation requirement
 - ♥ Have fun and connect with other couples!

*The PREPARE/ENRICH Couple Report is confidential. Group discussion is optional.
Each individual completes the research-based, PREPARE/ENRICH® online inventory
prior to the workshop in the privacy of your own home.*

What: Saturday, June 14th

Where: Spiritual Life Center, 1611 Oak Street, San Francisco, CA 94117

Cost: \$350 per couple (includes PREPARE/ENRICH® inventory and report)
**If your relationship summary indicates significant growth work, a workshop facilitator contacts you to set up three private sessions. These sessions will be in lieu of the group workshop and each session is an hour in length.*

Logistics: 8:30 am - 3:30 pm - Complimentary Parking, available on-site.

Register: SFmakinglovelast@gmail.com or call

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